

# My Affirmations



1. I will let all that I am wait quietly before God, for my hope is in Him. **Psalm 62:5**
2. God has not given me a spirit of fear and timidity, but of power, love, and of a sound mind. **2 Timothy 1:7**
3. Even when I am slipping, your unfailing love holds me up! **Psalm 94:18**
4. When I am afraid, I put my trust in you. **Psalm 56:3**
5. Lord you are my light and my salvation--so why should I be afraid? You are my fortress, protecting me from danger, so why should I tremble? **Psalm 27:1**
6. When doubts fill my mind, your comfort gives me renewed hope and cheer. **Psalm 94:19**
7. God is my refuge and strength, always ready to help me in times of trouble. **Psalm 46:1**
8. I will trust in You with all my heart and not lean into my own understanding. I trust that You will make my path straight. **Proverbs 3:5-6**
9. Instead of being anxious, I choose to pray and let the peace of God guard my mind. **Philippians 4:6-7**
10. I have been called to peace. **Colossians 3:15**